



CONNECTIONS

Volume 88

Official Newsletter of the Greater Saint Louis District of Cocaine

April 2024



GMOA Recognizes CATW with Unity Fun and Fellowship By Vicky M.

On Saturday, March 2-3, 2024 the Greater Missouri Area observed Cocaine Anonymous' annual **Celebrate Around the World** event by staging a Unity Day. Addicts from east and west converged in a conference room at Boone Electric. Columbia, Missouri. This is a venue that GMOA used for years to hold their bi-monthly area business meetings, and a previous Unity gathering. When the pandemic shut everything down in 2020, the area meetings were held on Zoom. Subsequently, Boone has literally torn down their facility and rebuilt a new, larger structure with expanded community room access. This year's CATW Unity event was the first opportunity C.A. has been afforded to utilize the new space, and we were delighted! Ironically, there is a clearly-labeled police substation located immediately adjacent to the conference room space, appearing as though THAT'S what we were entering. We addicts got a good chuckle about the fact we once would have fled the scene in paranoia!

Greater Missouri Area Chair, Jeannette J. launched the morning with a workshop on the 12 Concepts. What might have seemed a dry, uninteresting topic turned out to pique a lot of interest, evoking lively discussion and questions about how the 12 Concepts work not only in the C.A. service structure but in our personal lives as well. Attendees were given a free cup drawing opportunity ticket just for showing up. Thanks to Kelsey from K.C. for making sure everyone got their freebees and was happy to sell extra chances to win. Sales were lively as folks were keen on claiming the array of many donated prizes up for grabs. Shirts, art, jewelry and household decorative items were just some of the loot being offered. Lots of winners scored, but Pearl B. must have woken up under a lucky star because she ended up being our *multiple* prize winner for the day. Thanks to everyone's support, about \$100 was raised from the auction to feather our area financial coffers.

The pot luck lunch included pulled pork, fresh green salad, pinwheel sandwiches, assorted snacks and a vast array of sweets and treats including Ellen U.'s homemade, heart-shaped sugar cookies, emblazoned with iced "CATW" lettering on every one of them.

After lunch, the fun and games commenced with a few lively rounds of "Crackhead Bingo," featuring Michael M. as our comedic bingo caller. Winners got to choose from even more fun prizes of shirts and other goodies. The afternoon wound up with Recovery Jeopardy, moderated by Ellen U, where contestants

were able to show off their recovery program knowledge acumen. By and large, a great time was had by all!

Most of the event attendees came in only for the first day, but a few of us stayed the night to meet in person (with a hybrid connection) Sunday morning for the bi-monthly Area business meeting. Jeannette J., Ellen U., Pearl B., Vicky M., Michael M., Dwanna R. and Carl R. enjoyed a delicious Cracker Barrel dinner Saturday night after all had been cleaned up in the conference room. The Boone Valley space is ideal for future events of this nature, and plans are already underway to have another Unity Extravaganza on August 17, 2024 at the same location. Mark your calendars now and plan to be there! If you would like to help with the planning for this event, please contact Jeannette J. at 314/494-3055.

OUR DISTRICT TRUSTED SERVANTS

Current District officers are as follows:

Chair	Steve G.
Co-Chair	Open
Treasurer	Laura N.
Secretary	Kay K.
Dist. Srv.Rep.	Open.
Hot Line	Vicky M
H & I	Open
PICP	Cynthia C
Literature	Joe M.
Unity Chair	Open
Archives	Open
Newsletter	Linda S.

If you would like to be of service at the district level, the Co-Chair and Hot Line positions are open. You are invited to attend District Meetings on the 2nd Sunday, 2:30 p.m. at the 212 Club, 204 West Pitman, O'Fallon, Missouri 63366. This is a hybrid meeting and may also be attended virtually on Zoom. (841 2777 2063 passcode CAdistrict). If the second Sunday falls on a holiday weekend, this meeting is held the first or third Sunday. Directions—Take I-70 west to Exit 217 Highway K. Follow outer road to Main Street, turn right .3 miles to left on Pitman. Facility on the left.

Polling Process for Change to Tradition 11

Area Chair - sent ballot out to all groups in January

Groups - 3-6 month to review, vote and return ballot to Area Chair (from 10-JAN-2024 to 10-JUL-2024)

Area Chair - return all ballots to the WSO (by May 19, 2024)



Saving Lives
Meeting of Cocaine Anonymous
INVITES YOU TO PLEASE JOIN US FOR A



BBQ

Meat Will Be Supplied
Bring A Side Dish



Sunday, June 2, 2024

1:00 PM – 4:15 PM

Speaker at 2:15 PM

Creative? Artistic?

Want to see your artwork and logo featured on
flyers & t-shirts?

THIS IS YOUR OPPORTUNITY



COCAINE ANONYMOUS
WORLD UNITY
COMMITTEE NEEDS
YOUR SUBMISSIONS!



**2025 Celebrate Around the World Theme
“Awakening”**

In the spirit of Tradition 6, C. A. is not allied with any sect, denomination, politics, organization or institution.

REQUIREMENTS:

- Create new logo for 2025 (artwork with the design and theme “Awakening”)
- Should contain the event name “Celebrate Around The World”
- Cannot be signed - should sign release from (link below)
- Artwork is to be sent to World Service Conference Unity Committee at unity@ca.org for approval
- Artwork must be submitted in vector format - High resolution pdf/300dpi

Please note: The Unity Committee will review all submissions, vote and present their selected piece to the World Service Conference Floor for final approval.

**2024
Midwest Regional
Convention**



See camissouri.org or your
homegroup for the
registration form.

November 1-3, 2024

**Hilton Rosemont Hotel
5550 N. River Road
Rosemont, IL 60018
(888)452-6943**

**THE PUBLIC INFORMATION
COMMITTEE OF COCAINE
ANONYMOUS NEEDS YOUR HELP!!!**

**PI
SAVES
LIVES!**



**WE ARE LOOKING
FOR NEW
MEMBERS
TO HELP THE STILL
SUFFERING ADDICT**

**THE 4TH TUESDAY
OF EACH MONTH
AT 800PM**

Zoom ID 876 6989 2951

→ **SAVE THE DATE** ←
Tuesday, April 16, 2024

Fried Pipers & Cocanuts

Meeting of Cocaine Anonymous
Proudly Announces Our

**30th Anniversary
Celebration**

You are cordially *invited* to be our guest for this
significant milestone recognition event.

* Dinner Provided By Our Group 6 PM *

* Free Mega Prize Giveaway *

* Photo Booth Opportunity *

* Meeting Archives On Display *

* Speaker Meeting at 7:15 PM *

(Featuring Joe L. from St. Peters, MO)



Although our meeting is now permanently on Zoom, this special happening will be held LIVE at our previous in-person meeting location:

FIRST UNITY CHURCH

4753 Butler Hill Road, South St. Louis County, MO 63128

→ CA's Top Anniversary Will Be Highlighted In Planning For Food ←
Please Call Yvonne M. at 644-545-3628 About Menu & RSVP Info. April 1, 2024 To Accept Invitation

In the spirit of Tradition 6, C.A. is not allied with any sect, denomination, politics, organization or institution.

Our common welfare should come first; personal recovery depends upon C.A. unity.” – Tradition 1

	A	B	C	D	E	F	G
1							
2	MEETING OF THE MONTH SCHEDULE - SAINT LOUIS CA DISTRICT - February, 2024 through January, 2025						
3							
4	DATE/TIME	MEETING NAME	LOCATION	Meeting ID/password	2024		
5	SAT 6PM	The Meeting	Baden Facility, 8334 North Broadway, St. Louis 63147	In Person	Feb 10		
6	TUES 7PM	Fried Pipers & Coconuts	ZOOM - NO PASSWORD Enter through a waiting room	625 745 668	March12		
7	THUR 6:30PM	Saving Lives	Warrenton Church, 25891 South State Hwy 47, Warrenton 63383	In Person	April 18		
8	MON 6:30 PM	Women's Winner Circle	ZOOM (Drug Court/H&I)	870 0383 8083/ PW: winner	May 13	Women only	
9	SAT 4PM	Men's Meeting	Baden Facility, 8334 North Broadway, St. Louis 63147 HYBRID In Person & Zoom	138 524 729/ PW: 254608	May 18	Men only	
10	WED 1PM	Drug Court H& I	Courthouse, 1114 Market Street, Room 512, St. Louis 63101	In Person	June 19		
11	WED 5:30PM	Get to Steppin'	ZOOM	250 491 053/ PW: G2S	July 24		
12	SUN 5:45PM	Saving Lives	Warrenton Church, 25891 South State Hwy 47, Warrenton 63383	In Person	August 11		
13	SUN 6PM	End of the Line	Baden Facility, 8334 North Broadway, St. Louis 63147 HYBRID In Person & Zoom	828 5473 2741/ PW: EOL	Sept 8		
14	WED 7:30PM	Jefferson Barracks	Veterans Hospital, Building 51, 1 Jefferson Barracks Drive, St. Louis 63125	In Person	Oct 23		
15	FRI 6PM	What Does The Book Say	ZOOM	811 9919 9303/ PW: bigbook	Nov 15		
16	SUN 6PM	Come & Get it	212 Club, 204 West Pitman, O'Fallon, MO 63366	In Person	Dec 8		
17	TH 7:30PM	Thursday Night Meeting	ZOOM	649 143 859 /PW: 259741	Jan 9-2025		

DISTRICT DONATIONS			
<i>Meeting Name</i>	<i>January 2024</i>	<i>February v2024</i>	<i>March 2024</i>
Come & Get It			
End Of the Line	\$20.00	\$20.00	\$20.00
Fried Pipers & Cocanuts	\$25.00	\$25.00	\$25.00
CA Meeting		\$7.66	\$5.00
Men's Meeting		\$35.00	\$40.00
Get to Steppin'	\$25.00		
Saving Lives		\$50.00	\$45.00
The Thursday Night Meeting	\$50.00		
What Does the Book Say	\$15.00		

H & I DONATIONS			
<i>Meeting Name</i>	<i>January 2024</i>	<i>February v2024</i>	<i>March 2024</i>
Saving Lives		\$50.00	

Detailed financial information is available at our monthly business meetings. All C.A. members are welcome and urged to attend if possible.

The Greater Saint Louis District Central Service meeting is held the second Sunday of each month at 2:30 PM at the 212 Club, 204 West Pitman, O'Fallon, Missouri 63366. This a hybrid meeting and may also be attended virtually on Zoom. (**841 2777 2063 passcode CADistrict**). If the second Sunday falls on a holiday weekend, this meeting is held the first or third Sunday. Directions—Take I-70 west to Exit 217 Highway K. Follow outer road to Main Street, turn right .3 miles to left on Pitman. Facility on the left.



Greater Missouri Area of C.A.
Help Line: 833.662.6322



Congratulations to each of our members who celebrated a sobriety milestone this issue. Birthdays are generally reported via your group GSR, so if you do not see your meeting/birthday listed, please check with your GSR. or, you can contact the Editor directly. Birthdays printed are those that have already been celebrated since the last newsletter printing at the time this edition went to press.

Come & Get It

212 Club

Sunday 6 PM

Joe L. 34 years

Mike H. 32 years

Joe R. 20 years

End of the Line

Baden Facility

Sunday 6 p.m. Hybrid

Deborah J. 37 years

Yolanda P. 31 years

Constantine A. 27 years

Joanne W. 12 years

Damien 6 years

Virgie Y. 5 years

Dee D. 4 years

Women's Winner Circle

Monday 6:30 p.m. Zoom

Wendy M. 37 years

Joanie M. 36 years

Jennifer S. 9 months

Fried Pipers and Cocanuts

Tuesday, 7 p.m. Zoom

Eileen D. 31 years

Donna R. 28 years

Bev W. 6 months

Thursday Night Meeting

Thursdays, 7:30. Zoom

Charlotte R. 33 years

Get to Steppin'

Jeannette J. 35 years

Joy L. 34 years



Kansas City Birthdays

ROC

Darci R. 25 years

Dennis R. 25 years

Abbie R. 23 years

Working With Others

Monday, 6 p.m. Zoom

Joel B. 17 years

Walter M. 14 years

Keith P. 5 years

Adrian P. 1 years



"Chief, I think our drug-sniffing dogs need a vacation."

CartoonStock.com

EDITOR'S NOTE: Letters, articles, cartoons, etc., related to C.A. and living in recovery are welcomed by the Editor. Please call Linda S. at 314-607-8919 or email theljaysmith2@gmail.com with your ideas and/or contributions.