<u>SUNDAY</u> 5:45 PM open/mixed format Saving Lives Warrenton Christian Church 25891 South State Highway 47, Warrenton, MO 63383

6:00 PM open/mixed format Come & Get It 212 Club 204 West Pitman, O'Fallon, MO 63366 (Hwy 70 to exit 217 Highway K—north on Main Street .3 mile to left on Pitman)

6:00 PM open/mixed format End Of The Line Meeting in Person <u>AND</u> on ZOOM ZOOM ID 828 5473 2741 PW EOL Baden Facility 8334 North Broadway, Saint Louis, MO 63147

<u>MONDAY</u>

6:30 PM H & I women only/open/speaker/discussion The Women's Winner Circle ZOOM ID 870 0383 8083 PW winner

TUESDAY

7:00 PM open/book study/mixed format Fried Pipers & Cocanuts ZOOM ID 625 745 668 No password—enter through waiting room must have screen name on to be admitted

WEDNESDAY

1:00 PM *H & I open/literature study/discussion* Drug Court 1114 Market Street, 5th Floor, Saint Louis, MO 63101

5:30 PM open/12 X 12 step/tradition Study Get To Steppin' ZOOM ID 250 491 053 PW G2S

7:30 PM *H & I open/speaker* Jefferson Barracks Veterans Hospital Building 51 South County, MO 63125 (enter from Koch Road off I-270, bear left in parking complex & look for one story building #51 to left) THURSDAY 6:30 PM open/mixed format Saving Lives Warrenton Christian Church 25891 South State Highway 47, Warrenton, MO 63383

7:30 PM open/mixed format The Thursday Night Meeting ZOOM ID 649 143 859 PW 259741 (Formerly Saint Mary's Hospital Group)

<u>FRIDAY</u> 6:00 PM open/Big Book study What Does The Book Say? ZOOM ID 811 9919 9303 PW bigbook

SATURDAY 4:00 PM men only/open Men's Meeting Meeting in Person <u>AND</u> on ZOOM ZOOM ID 138 524 729 PW 254608 Baden Facility 8334 North Broadway, Saint Louis, MO 63147

6:00 PM *open THE Meeting* Baden Facility 8334 North Broadway, Saint Louis, MO 63147

H & *I* = *Hospitals* & *Institutions* (see reverse side)

The 12 Steps

- 1. We admitted we were powerless over cocaine and all other mind altering substances--that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of *God as we understood Him*.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when we were wrong, promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with *God as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Adapted, with permission, from the Big Book of Alcoholics Anonymous

The Greater Saint Louis District Central Service meeting is held the second Sunday of each month at 2:30 PM *Meeting in Person <u>AND</u> on ZOOM ZOOM ID* 841 2777 2063 *PW* CAdistrict at the *212 Club*, 204 West Pitman, O'Fallon, MO 63366. If the second Sunday falls on a holiday weekend, this meeting is held the first or third Sunday.

The Hospitals & Institutions Committee takes meetings into facilities where addicts cannot get out to get to a meeting on their own. All H & I meetings listed in this directory may be attended just as if they were regular C.A. meetings. Numerous other H & I meetings are held each week, but are not listed here as they are closed to the facility clientele only. H & I volunteers are always needed and should attend the above monthly business meeting to get involved.

All C.A. members are welcome to attend the monthly business meeting.

The Greater Saint Louis District of C.A. is part of the Greater Missouri Area of C.A., belonging to the Midwest Region.

24 Hour HELPLINE 833/662-6322

Website: www.camissouri.org

Cocaine Anonymous of Greater Saint Louis

Where

& When



Directory of Meetings December 10, 2023

We're Here & We're Free