



CONNECTIONS

Volume 85

Official Newsletter of the Greater Saint Louis District of Cocaine Anonymous

July 2023

Recovery On My Mind Atlanta 2023!



May 24, 2023 finally arrived and time to go and spend a long holiday weekend with like-minded friends from across the globe at our fellowship's 40th annual C.A. World Service Convention (CAWS)! Hotel room booked, flight arranged, longtime local friends ready with full registration in tow, we're set to have a fun filled weekend!

Navigating the Atlanta Hartsfield Airport turned out to be part of our weekend adventure. The flight was quick with no delays. To get our baggage, we had to take a jam-packed tram to the baggage claims area for luggage and to pick-up our rental car which led to another jam-packed tram ride to the rental car center (nothing like we experience here in small town St. Louis for sure)!

First stop, breakfast at the Atlanta Breakfast Club where we had peach cobbler, chicken and waffles, salmon croquets, and the all the Southern cuisine at its best! Now, to find the hotel. We valet parked and checked into the Atlanta Marriott Marquis 1700 room hotel where you could see all 29+ floors from the hotel atrium! A sight to behold! We were immediately greeted by friends from around the world with high fives, warm hugs and kisses, and "it's so good to see you," and "oh, how I miss you" greetings! The pandemic did quite a number on our world, but our Fellowship survived and thrived in so many ways. Zoom created and expanded our online Fellowship with the opportunity to meet so many more of our herd, so it was priceless to meet fellow addicts in person for the first time from the infamous 'Hollywood squares" Zoom meetings.

CAWS in full effect and *Recovery on My Mind* in full swing! I attended and heard speakers from many of our worldwide regions (Southwest, Pacific South, European and Atlantic North) who all carried a message of depth and weight. I had the pleasure of sitting on a workshop panel to talk about service! What a great opportunity to share my experience, strength, and hope about some of my very own personal service history. I was honored to participate. There were marathon meetings, and a super fun hospitality suite where the usual C.A. shenanigans occurred (bid whist, spades, dominoes, and snacks). The countdown, auction, and banquet all proved sufficient, and we had the honor of recognizing one of our own Missouri members as a C.A. World Service convention banquet speaker! He was fabulous and carried a message of Unity, Service, and Recovery. The comedy show and dance entertainment ended each night with laughter and merriment!

Another successful C.A. World Service convention in the books! A long weekend well-spent with the friends I call family who filled me spiritually and emotionally for another 24 hours at a time. Holland, here we come!

Submitted by,
Jeannette J.
St. Louis, MO

Delegate Update CAWS Atlanta 2023

While at CAWS 2023 in Atlanta, I attended Meet the Boards, Long Term Planning, and the latter part of The Great Exchange, which were the three trustee/delegate events held during the convention. I want to update you all on a few items that pertain to my last delegate report.

In October 2024, at the end of its existing lease term, the WSO will move from its longtime home in Long Beach, California to Phoenix/Scottsdale, Arizona.

The CAWS 2023 convention was a huge financial success, generating gross proceeds in excess of \$200,000. We are anticipating a very large SR14 submission this year, which will be the subject of my next report. Please contact me with any questions you may have.

Thank you for allowing me to serve the Fellowship I love.

Respectfully Submitted,
Leslie R.



Greater Missouri Area of C.A.
Presents The
2023 Show Me Recovery
Convention



"Matching Calamity With Serenity"

August 4th-6th, 2023

Marathon Meeting Chair

Would like to announce:



We need people to be of service by chairing marathon meetings at the convention. Please email Eve W. at fiera1990@yahoo.com.

Archives Anyone?

Loose documents, cups, ink pens...lions, tigers and bears-OH MY!

That's what I felt after receiving the tubs of items as the newly elected Archives Chair for the Greater Missouri Area of C.A. Believing my task was to simply put this "stuff" in order, *I came to believe* that was easier said than done. While opening tubs, it was clear that this was more than categorizing paper documents. There are cups, old programs, manuals, hats - it seemed to go on *ad infinitum!* I needed help!

Going through one of the tubs, I came across an old 2007 World Service Conference Service Manual. Flipping through the manual, I came across the CAWS Archives Committee Guidelines. *Suddenly*, the thought came where to get the guidance I needed when looking over the guidelines:

The purpose of the Cocaine Anonymous World Services (CAWS) Archive Committee is to document the work of Cocaine Anonymous, make the history of the organization accessible to C.A. members and to provide a context for understanding C.A.'s progression, principles and traditions. Thus, the CAWS Archive Committee collects, preserves, catalogs and curates the CAWS Archive, which holds valuable documentation about C.A. actions and accomplishments that are intrinsic to our collective memory. These records establish and maintain our identity as a Cocaine Anonymous members and tell us stories to help us to understand of our fellowship, both locally and globally—focusing our C.A. identity and facilitating C.A. Unity. Cocaine Anonymous World Service, Inc. (2023) WSC Archive Committee. Retrieved from <https://ca.org/service/world-service-conference/archives/>

During our first CAWS Archives Committee meeting, I asked N. J. to be my "Archives Sponsor." She suggested that I organize the minutes from our service meetings. Sounds simple, but not easy. Patience was not being practiced by wanting everything organized yesterday. I was putting the cart before the horse. I prayed for the motivation to move forward, then I came upon the minutes from our very first Area's convention! Over twenty years of experience of hosting conventions, the Greater Missouri Area has come a long way. Each month you will learn something new at Archives Committee meeting. I now look forward to every monthly meeting for guidance.

As I stated earlier, the Greater Missouri Area of C.A. has an Archives Committee. If you are interested in serving on this committee, please join us at our next Greater Missouri Area's business meeting on Sunday, July 16, 2023 at 9:00 A.M.
The ZOOM ID: 812 7535 8169 Passcode: GMOA

By the way, the idea to showcase some of our archives came from one of these service meetings. The Archives Committee will have items on display at the Greater Missouri Area of C.A. 2023 Show Me Recovery Convention, August 4-6, 2023 in Lee's Summit, MO

Dwanna R.



FRIDAY NIGHT 12 STEP FASHION SHOW

Friday Aug. 4, 2023 at the Show Me Recovery CA Convention

Unity Village in Lee's Summit, Mo.
Come strut your stuff on the catwalk!
Represent your favorite step, and the principle behind the step!

Open to men and women of all ages, shapes, and sizes!

Winner will walk away with a \$50 prize!

Contact Ellen U. at 816.668.6473 by July 15th to get entered!

******Must be entered in advance!******

In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization, or institution.

**LOOKING FOR SOMETHING EXTRA IN RECOVERY?
Growth~Fun~Fellowship**



"MATCHING CALAMITY WITH SERENITY"

**INVITES YOU TO OUR MONTHLY PLANNING MEETING.
2023 GREATER MISSOURI AREA OF C.A. CONVENTION COMMITTEE
3RD SUNDAY OF EACH MONTH @ 12:30 PM**

HTTPS://US02WEB.ZOOM.US/J/81275358169?PWD=DK1KDKCVMVNCVVRVJZ2K3DVNOH NQT09

**MEETING ID: 812 7535 8169
PASSCODE: GMOA**

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DISTRICT DONATIONS			
<i>Meeting Name</i>	<i>April 2023</i>	<i>May 2023</i>	<i>June 2023</i>
Come & Get It		\$15.00	
End Of the Line	\$20.00	\$20.00	\$20.00
Fried Pipers & Cocanuts	\$15.00	\$20.00	\$25.00
CA Meeting	\$15.00	\$20.00	
Men's Meeting	\$50.00	\$50.00	
Get to Steppin'	\$10.00		
Saving Lives	\$30.00	\$41.00	
The Thursday Night Meeting	\$50.00		
What Does the Book Say			\$25.00

H & I DONATIONS			
<i>Meeting Name</i>	<i>April 2023</i>	<i>May 2023</i>	<i>June 2023</i>
Fried Pipers and Cocanuts			\$25.00
Saving Lives		\$20.00	
End of the Line	\$30.00	\$63.00	\$30.00

Detailed financial information is available at our monthly business meetings. All C.A. members are welcome and urged to attend if possible.

The Greater Saint Louis District Central Service meeting is held the second Sunday of each month at 3:00 PM at the 212 Club, 204 West Pitman, O'Fallon, Missouri 63366. This a hybrid meeting and may also be attended virtually on Zoom. (**841 2777 2063 passcode CADistrict**). If the second Sunday falls on a holiday weekend, this meeting is held the first or third Sunday. Directions—Take I-70 west to Exit 217 Highway K. Follow outer road to Main Street, turn right .3 miles to left on Pitman. Facility on the left.

The Hospitals & Institutions Committee takes meetings into facilities where addicts cannot get out to attend a meeting on their own. H & I volunteers are constantly needed and should express interest by attending a District Central Service meeting or contacting the District Chair, Steve G. at 636-466-3956

MEETING OF THE MONTH

Attending meetings not only keeps us sober, but our attendance allows us to practice Tradition 5:
Each group has but one primary purpose—to carry its message to the addict who still suffers.

Thursday, July 13, 7:30-9:00 PM	Thursday Night Meeting	ZOOM ID 649 143 859 PW 259741
Friday, August 18, 6:00-7:30 PM	Big Book Study	ZOOM ID 811 991 9303 PW bigbook
Wednesday, September 27 1:00-2:00 PM	Drug Court H&I 1114 Market St. Rom 512 St. Louis, MO 63101	IN PERSON
Sunday, October 8, 5:45-7:00 PM	Warren Church 25891 So. State Hwy 47 Warrenton, MO 63383	IN PERSON
Sunday, November 12, 6:00-7:30 PM	212 Club 204 W. Pitman St. Louis, MO 63366	IN PERSON
Saturday, December 9, 6:00-7:30	The Meeting 8334 No. Broadway St. Louis, MO 63147	IN PERSON

EDITOR'S NOTE: Letters, articles, cartoons, etc., related to C.A. and living in recovery are welcomed by the Editor. Please call Linda S. at 314-607-8919 or email thejaysmith2@gmail.com with your ideas or contributions.



Happy Birthday!

Congratulations to each of our members who celebrated a sobriety milestone this issue. Birthdays are generally reported via your group GSR, so if you don't see your meeting/birthday listed, please check with your GSR. or, you can contact the Editor directly. Birthdays printed are those that have already been celebrated since the last newsletter printing at the time this edition went to press.

Come and Get It
212 Club
Sunday, 6 PM
Kenny G. - 16 years

End of the Line
Baden Facility
Sunday 6 PM
Hybrid
Linda S.- 19 years

Fried Pipers and Cocanuts
Zoom
Tuesday 7 PM
Wendy M. - 36 Years
John S. - 6 Mont

The Meeting
Baden Facility
Saturday, 6 PM
Dwana R.- 31 years

Women's Winner Circle
Zoom
Monday 6:30 PM
Michelle S - 9 Months
Desdemona M.-6 Months
Monee R.- 90 Days
Lisa B.- 60 Days

INDIVIDUALS
Barb G.- 1 year



[DOWNLOAD ONLINE WHERE & WHEN](#)



**KC District of CA
Annual UNITY Picnic**

**Saturday Sept. 9, 2023
Swope Park Shelter #2**

[SEE CAMISSOURI.ORG FOR DETAILS](#)

Staying Connected . . .

Our local Saint Louis Cocaine Anonymous Hotline (833.662.6322) is answered 24 hours a day by volunteer members of our fellowship. It's a fabulous resource for anyone feeling squirrely—pick up the phone—NOT THE DRUG!!!

CONNECTIONS is a quarterly publication published by the Greater Saint Louis District of Cocaine Anonymous. It is intended solely to provide information for the fellowship of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members, reflecting recovery, unity, and service, within the bounds of friendliness and good taste. This Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by Cocaine Anonymous, Cocaine Anonymous World Service Office, Inc., Greater Saint Louis District of Cocaine Anonymous, or Connections. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask about C.A. World Service Conference approved literature at CAWSO, 21720 South Wilmington Avenue., Suite 304, Long Beach, CA 90810; e-mail to info@CA.org or fax to (310) 559-2554. Contact C.A. by phone at (310) 559-5833. Also note that the C.A. World Service Office web page is www.ca.org. This publication and all its contents are copyrighted by the Greater Saint Louis District of Cocaine Anonymous. Any unauthorized duplication or publication is prohibited. In the spirit of Tradition Six, "C.A. is not allied with any sect, denomination, politics, organization or institution."